

## **Virtues and Values: Faith, Family, and Friends**

The school counselor visits student classrooms on a regular basis to teach life skills and lessons. This curriculum is entitled "Faith, Family, Friends" and is based loosely on a curriculum that was created for private school counselors in the 90's. Because this curriculum is a bit outdated, the school counselor has the responsibility to update and revise this curriculum as needed. All classes K-8 cover SafeTouch lessons, which is the program provided by the Archdiocese to address keeping ourselves safe from other people, including private body parts, safe online behavior, and how to say no. Below are the remaining topics that are covered throughout the year.

### **5th Grade**

Growth Mindset

Character Playbook (Unit through EverFi - 6 lessons covering analyzing influences, understanding/managing emotions, communication, resolving conflicts, stepping in, and making decisions)

Friendship

Goal Setting

Study Skills

Stress Management

Courtesy/Respect for Others

Diversity

Career Awareness