

Virtues and Values: Faith, Family, and Friends

The school counselor visits student classrooms on a regular basis to teach life skills and lessons. This curriculum is entitled "Faith, Family, Friends" and is based loosely on a curriculum that was created for private school counselors in the 90's. Because this curriculum is a bit outdated, the school counselor has the responsibility to update and revise this curriculum as needed. All classes K-8 cover SafeTouch lessons, which is the program provided by the Archdiocese to address keeping ourselves safe from other people, including private body parts, safe online behavior, and how to say no. Below are the remaining topics that are covered throughout the year.

8th Grade - 8th Grade makes a slight shift from topics covered in other grade levels to a focus specifically on mental health. The goal is for the students to do some self-discovery before they go to high school. We also cover mental illness and disorders to raise awareness.

General Mental Health and Wellness

Positive Self-Esteem

Improving Self-Esteem

Multiple Intelligences

Values and Characters

Empathy

Bullying

Communication

Personal Health Assessment

Functions of the Brain

Mental Disorders and Mental Illness - Archdiocese suicide video is shown

Transition to High School

Entrepreneurship (Unit through EverFi - students plan and build a business)